

High Impact Type 2 Diabetes Interventions

Introduction

The Burdett Trust for Nursing is an independent charitable trust that makes grants to support the nursing contribution to healthcare through nurse-led¹ projects. The Trust aims to use its funds to empower nurses and through this make significant improvements to the patient care environment.

To mark its 20th anniversary the Trust launched a new funding strategy focused on reducing death and the impact of longer-term disability related to non-communicable diseases (NCDs). Despite being highly preventable, NCDs kill over 40 million people each year, the equivalent of 71% of all deaths globally². Over five years, the Burdett Trust will run a series of grant programmes targeting the four main categories of non-communicable diseases. This latest programme invites applications for effective interventions focused on reducing the prevalence and effects of type 2 diabetes.

High impact diabetes interventions

Diabetes is a leading cause of mortality globally. 90% of people with the condition have type 2 diabetes and it is increasing in epidemic proportions, despite major public health campaigns informed by evidence-based interventions which have proven to disrupt the progression from normoglycaemia, through prediabetes to type 2 diabetes.

The Burdett Trust believes that nurses have a key role to play in the prevention, treatment and management of diabetes. They are well-placed to encourage people with diabetes to engage in self-management of their glucose levels and dietary regimes through patient-centred customized interventions. They are often the first point of contact, promoting self-care management and nurses play a crucial role in screening, maintaining and supporting people to prevent or to live with the condition. Research indicates that when compared to medical practitioner-led diabetes interventions, those that are nurse-led are more effective at improving glycaemic control and reducing diabetes distress, particularly for patients at high risk and with poor control. The Burdett Trust believes that nurses should be at the forefront of future type 2 diabetes prevention and intervention research. Their transformative power and influence is predicated on their provision of holistic, people-centred care that is responsive to the needs of the individual and the community with the context of local population health promotion campaigns and interventions. The Trustees are keen to support innovative, nurse-led initiatives that will decrease hospitalisation and reduce morbidity and mortality in patients with diabetes.

¹ Where the term nurse is used in this document it includes midwives, health visitors and allied health professionals

² WHO figures 2019

All projects **must be nurse-led** and have the nursing contribution to healthcare at their core.

Proposals must be well-argued and demonstrate why the project is needed, what benefits and impacts it will deliver and describe how it will generate learning that can be shared, disseminated and adopted more widely. All successful grant holders will be expected to take part in a half-day conference in central London to share their learning and publicise the outcomes of this programme.

Eligibility

Applicant organisations must be:

- properly constituted bodies in the public or voluntary/charity sectors; or
- a university or other charitable educational body that provides health-related education, training or research and development.

Projects must be:

- nurse-led
- demonstrate an innovative approach to strengthening nursing leadership

All applications from an overseas institution must be partnered with a UK not for profit organisation. Any awards will be funded through the UK Institution.

Salary costs are normally excluded; the only exception is the additional cost of locum cover, staff to provide training, support, research and development, or to undertake project management or evaluation, which are an integral part of the project proposal and would not otherwise be funded by the applicant organisation, which may be included in an application for funding.

Exclusions

The Trust will not fund:

- salary costs, posts, services or direct care costs that are regarded as the core funding responsibilities or statutory responsibility of Government or a public body.
- projects developed and undertaken by individuals, or personal study
- private sector organisations
- the costs of laptop computers and mobile phones
- projects that are part of established improvement programmes or projects which are already funded by other bodies.
- projects concerned with the statutory elements of staff transfer or the mandatory retraining or orientation of staff to new organisations.

Funding & Awards

Grants awarded within this programme will typically be between £50,000 and £100,000.

Terms and Conditions

- Projects are likely to be completed within a twelve-month period.
- Progress reports will be required at six monthly intervals with a final report submitted within two months of the project completion date.
- The award will usually be paid in equal instalments linked to the reporting cycle, and upon receipt of a satisfactory progress report.
- Applications for projects with a significant educational element will be required to demonstrate evidence of a strong service-academic partnership.
- in addition to their own plans for dissemination and knowledge transfer, successful applicants will be expected to contribute to a Burdett Trust conference in Central London.

What will Trustees look for in applications?

Trustees anticipate a large number of project proposals. The Applicants are advised that project proposals will be evaluated on a competitive basis to ensure that funds are used to support projects that best meet the Trust's objectives.

Trustees aim to fund projects that:

- are innovative, offering new ways to strengthen and improve nursing leadership and multi-agency collaboration
- provide evidence of direct user and patient involvement and the co-production of self-care solutions
- will generate learning or new practices that can be shared with others, and which have the potential to be disseminated and adopted more widely
- will promote collaborative working among health and social care professionals, and partnerships within and across organisations
- have the support and backing of key stakeholders
- have sound arrangements for project management and monitoring, and robust plans for evaluation
- focus on patient/service user safety and the promotion of dignity and respect
- are succinct, well-argued and demonstrate clearly why the project is needed and what benefits it will deliver.

Application Process and Deadlines

The Trust recognises that developing grant applications is time consuming and can result in disappointment. To minimise the burden on applicants the application process has been designed to be as user-friendly as possible, using online application technology. Applicants are advised to download the questions in advance and prepare their answers carefully before attempting to complete the application form online. All applications will be acknowledged, and applicants will be contacted during the assessment process to answer any questions relating to their application.

Applicants must download a copy of Burdett Trust's Grant Contract prior to making an application to ensure their organisation can agree to its terms in the event of a grant being offered.

Applicants are ***strongly advised*** to apply well in advance of the deadline: **midnight, 19 November 2022**. Applicants will be notified of the outcome of their application within three months of the closing date.

Please note: the Trustees' decisions are final and no correspondence will be entered into in relation to them.

Data Protection Act

To comply with this Act, we require your consent to use personal data supplied by you in the processing and review of your grant application. This includes transfer to and use by such individuals and organisations as the Trust deems appropriate. The Trust requires your further assurance that personal data about any other individual is supplied to the Trust with his/her consent. Submitting an outline proposal to the Trust confirms this consent and assurance.