

Maternal and Childhood Obesity

<p>Cwm Taf University Health Board & Public Health Wales NHS Trust <i>Research study to provide the evidence base to support the development and implementation of midwifery-led service to support obese pregnant women to improve their nutrition and physical activity levels and that of their infants. Midwives will be trained to engage women about the risks and through motivational interviewing refer them into the service and provide support to limit weight gain during pregnancy, reduce post-natal weight, increase breastfeeding and healthy weaning.</i></p>	<p>£199,886</p>
<p>Epsom & St Helier <i>The Cedar clinic aims to improve the health of women and children by reducing obesity in pregnancy, leading to improved birth outcomes and subsequent ongoing improved health of mother and baby.</i></p>	<p>£46,282</p>
<p>Florence Nightingale Faculty of Nursing & Midwifery King's College London <i>To co-design, pilot and evaluate an intervention to empower midwives and health visitors to reduce maternal and child obesity through tailored breastfeeding support.</i></p>	<p>£84,999</p>
<p>Institute of Health Visiting <i>A project to train 400 nutrition champions across the UK and to support them in cascade training to health visitor colleagues; developing and piloting new evidence-based training materials and drawing together a broad body of knowledge to promote healthy weight maintenance.</i></p>	<p>£199,104</p>
<p>NHS Lothian <i>An innovative pilot project that will enable nurses to develop an innovative partnership between NHS and the Third sector; targeting identified need in a hard-to-reach, vulnerable population of pregnant young women and their children with the aim of helping them achieve healthy weight and active lifestyles.</i></p>	<p>£23,612</p>
<p>School & Public Health Nurses Association <i>A project that will consider how school nurses can influence behaviour change before adolescents become parents and influence their ongoing parenting regarding healthy weight choices. The project will involve the development of training resources for school nurses and adolescents, which will support effective partnership working, building capacity within school and community settings.</i></p>	<p>£161,878</p>
<p>School of Healthcare Sciences, Cardiff University <i>A midwifery led project to develop individualised weight charts for pregnancy and assess the use of such charts in practice, train midwives in weight-related discussions and assess the acceptability of incorporating discussion around weight gain into antenatal care with the aim of assisting women to control their gestational weight gain and influence future antenatal care throughout the UK and beyond.</i></p>	<p>£164,046</p>
<p>Sheffield Hallam <i>An evaluation of the impact of the award winning 'Monday Club' - a midwife-led maternal obesity service in Doncaster and Bassetlaw that provides support to women with a BMI of 35 or more, that has been shown to be effective in reducing gestational weight gain.</i></p>	<p>£48,307</p>

<p>UK Endangered Bodies and Any-Body <i>A pilot 12 week course of didactic and experiential learning in a group milieu, for nurses, midwives and health visitors using case studies, personal disclosure and analysis, and supervision of live cases to help participants develop a more sensitive and empathic approach to eating issues with expectant mothers.</i></p>	<p>£43,000</p>
<p>Unicef UK Baby Friendly Initiative <i>A three year project to train neonatal nurses to support breastfeeding with the aim of reducing obesity in childhood postnatally for mothers. The project will empower neonatal nurses with knowledge and skills using standards, audit, action planning, training and external assessment to promote breastfeeding and use of breast milk.</i></p>	<p>£110,059</p>